| Name: ICF Certified Master Performance Coach | Training Date: | 16-18th Nov '15 |
|--|--|------------------|
| Training Title: CMPC - Session 2 | Training Venue: | PC Hotel, Lahore |
| Trainer's Name: Wai K Leong | Ratings: 1- Poor 2-Below Average 3- Average 4- Good 5- Excellent | |

| Rating Page 1997 | Average |
|--|---------|
| Training Content | |
| Topic of the training addressed my development need. | |
| Content matched my expectation. | |
| The training was relevant to my job/role responsibilities. | |
| I will be able to apply the concepts/tools/techniques taught in the training on my job. | |
| I have learnt new concepts/tools/techniques from this training. | |
| Duration of the training was appropriate and time allocation to different topics was effective. | 4.7 |
| Trainer/Facilitator | |
| Trainer presented/communicated the concepts in a clear and understandable manner. | |
| Trainer was well prepared for the training. | |
| Trainer covered all the agenda points mentioned in the training brief. | |
| Trainer rolled out all modules in a systematic and orderly manner. | |
| Trainer was knowledgeable regarding the training content & had good grasp on the subject. | |
| Effectively listened and answered questions convincingly. | |
| Appropriate breaks were given during the training. | |
| I was encouraged to speak up, participate in discussions and ask questions. | |
| Trainer used effective examples that complimented the training content. | |
| Activities, exercises were relevant to the training topics and helped me understand the concepts better. | |
| Written material, audio, visuals were easy to understand and relevant to the training topics. | 4.7 |
| Supporting Facilities | |
| Training room was comfortable [light, temperature, seating etc.]. | |
| Training Room facilities were working fine [speakers, projector, screen, microphone, air conditioners etc.]. | |
| Lunch and refreshments [applicable only if training was organized outside Nestle premises.]. | |
| Overall Average | 4.7 |
| Commonts | |



Comments

Perfect in every sense

I think this training could have been completed in 5 days.

Some effective coaching videos to be shared, that would have added to the visual reinforcement.

This was a great experience & learning. I have learnt a lot of coaching tools which will help me not only in my professional but also in my personal life.

Overall a great learning experience, Coaching is the way forward to unleash people potential. The course was well-structured & addressed the needs rightly. Only one suggestion, there can be a wider gap in Module 1 & 2 as in between there can be more Coaching hours. It will help to bring more relevant & real time queries and problems to the Module 2.

This is a wonderful session and we should train more people on this. I think we trained should also do small sessions of already trained coaches based on our learning from these sessions to make the coaching journey more affective.

It was AWESOME. Truly inspirational.