

COURSE TITLE: COACHING FOR PERFORMANCE

DATE:

2 September 2016 Senior Flight Instructors GROUP:

FACILITATOR: Wai K Leong

									1 - P	oor		2	- BE	LOW	V AVI	ERAG	E	3 – AVERAGE						4 - GOOD 5 - EXCELLENT						Γ			
	PARTICIPANTS	1	2	3	4	5	6	7	8	9	1	1	1	1	1	1	1	1	1	1	2	2	2	2	2	2	2	2	2	2	3	3	AVG
											0	1	2	3	4	5	6	7	8	9	0	1	2	3	4	5	6	7	8	9	0	1	
	COURSE CONTENT																																
1	The contents were useful	4	4	4	4	4	5	5	4	4	4	5	5	5	5	5	4	4	5	4	4	4	5	4	4	4	5	5	4	4	4	5	4.4
2	Relevant and adequate	4	4	4	4	4	5	4	4	4	4	4	4	5	5	5	4	4	4	4	4	4	5	4	4	4	5	4	4	4	4	5	4.2
	FACILITATOR'S EFFECTIVENESS																																
1	Knowledge and preparedness	5	4	4	4	5	5	4	5	4	5	4	4	5	5	5	4	5	5	4	5	4	4	4	5	4	5	5	5	5	5	5	4.6
2	Effectiveness in delivering learning	4	4	4	4	5	5	4	5	4	5	4	4	5	5	5	4	5	5	4	5	5	5	4	5	4	5	5	5	5	4	4	4.5
3	Ability to generate participation	4	3	4	4	5	5	5	4	5	5	5	5	5	5	5	4	5	4	4	5	5	4	4	5	4	5	5	5	5	5	5	4.7
4	Application to concept to real life	4	3	4	4	5	5	4	4	4	4	5	4	5	5	4	4	4	5	3	5	4	4	4	4	4	5	4	5	5	5	5	4.3
5	The pace of the course	5	4	4	4	5	4	4	4	4	4	4	4	5	5	4	4	3	4	4	4	3	4	4	4	4	5	4	5	5	4	4	4.2
	OVERALL																																
	Would you recommend this?	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ

PARTICIPANT'S COMMENTS

1. Very useful and insightful. There were moments of awareness. Now I can choose	2. Gives me new tools to improve my performance. The last demo on character								
to improve myself on coaching.	strengths was very good.								
3. The techniques of coaching and understanding of principles and concepts	4. Good refresher and reinforcement of our training. Thank you for sharing								
5. Self-discovery and how to relate coaching techniques to application. Good course	6. Practical, participative. I feel more prepared to coach.								
7. Gave me a structure to coach and develop people	8. Used a lot of practical examples and response to questions was very positive.								
9. Participative and interactive	10. Wai K used a lot of examples and situations to explain techniques effectively.								
11. Understanding helping skills and their differences. Learnt powerful questions.	12. Learnt to switch from mentoring to coaching and back to mentoring								
13. Good interactions and practical points	14. Coverage of topics were excellent and well delivered.								
15. Great insights	16. Good scenario based learning was used								
17. I like the role-play with the lessons just learnt.	18. Activities created lots of self-realization.								
19. I like the coaching process	20. Engaging and interactive								
21. An eye opener	22. New learning and the art of coaching.								